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Widely regarded as the standard

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reference and text on evidence-based therapies--and now substantially revised--this book has introduced tens of thousands of clinicians and students to exemplary treatments for social, emotional, and behavioral problems in children and youth. Concise chapters focus on specific psychotherapy models.

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"This book sets the standard for presenting evidence-based psychological interventions for children and adolescents. The second edition adds to the breadth and depth of the original volume, with chapters on the treatment of additional disorders and a

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new section on implementing evidence-based interventions outside the boundaries of a typical study.

Evidence-Based Psychotherapies for Children and ...

Evidence-Based Psychotherapies for Children and Adolescents. Third Edition. Edited by John R. Weisz and Alan E.

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Evidence-Based Psychotherapies for Children and ...

Evidence-Based Psychotherapies for Children and Adolescents is divided into three sections: "Foundations of Child and Adolescent Therapy Research," "Programs of Research," and "Conclusions and Future Directions." The first section describes the problems

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inherent in doing research on therapy techniques, especially for patients who are developmentally changing.

Evidence-Based Psychotherapies for Children and ...

Features: The book begins with an introduction to child and adolescent psychotherapy research and discusses

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the importance of using psychotherapies that have a strong evidence foundation.

Part II explores internalizing and externalizing disorders, noting that cognitive-behavioral therapy has been found to be effective in treating youth with anxiety disorders as well as obsessive-compulsive disorder, while adolescent depression is best treated

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with both cognitive and behavioral
components.

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evidence on child psychotherapies and
their effects. Assessing the effects of

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psychotherapies Questions about therapy effects are answered using a number of research methods, including within-group, single-subject, and multiple baseline designs. The randomised controlled trial (RCT), a group comparison design in which participants are randomly assigned to

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Evidence-Based Psychotherapy for Children and Adolescents ...

Many of the behavioral problems or mental health symptoms that can keep children and adolescents from leading happy, successful lives can be effectively treated with evidence-based therapies. With these treatments, psychologists and other mental health

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providers help parents and children learn how to work and live better with others, and to build the skills and habits that help them succeed in school and in life.

Evidence-based Therapies - Effective Child Therapy

Psychological therapy with children can

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include talking, playing, or other activities to help the child express feelings and thoughts. Therapists may also observe parents and children together and then make suggestions for finding different ways to react. Psychological therapy for children can be done one-on-one or in groups.

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One goal of establishing an evidence base for psychotherapies is to prevent situations in which a person receives therapy for months or years with no benefit. If you have been in therapy and feel you are not getting better, talk to your therapist, or look into other

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practitioners or approaches.

NIMH » Psychotherapies

Widely regarded as the standard reference and text on evidence-based therapies—and now substantially revised—this book has introduced tens of thousands of clinicians and students to exemplary treatments for social,

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emotional, and behavioral problems in children and youth. Concise chapters focus on specific psychotherapy models.

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Evidence-Based Psychotherapies for Children and ...

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The book concluded with a chapter on the strengths, limitations and future directions of evidence-based psychotherapies. It was in this chapter that the author clearly wrote to the interested psychotherapy researcher by addressing the issues that he believed needed attention in future psychotherapy research, specifying the

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yet to be answered ...

**Psychotherapy for Children and
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This comprehensive overview of evidence-based psychotherapies for children and adolescents includes papers on various programmes of research into many of the significant

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paediatric mental problems, including depression, anorexia, conduct problems and anxiety.

Evidence-Based Psychotherapies for Children and ...

APA's Clinical Practice Guideline recommends two psychotherapy interventions as well as a selective-

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serotonin reuptake inhibitor (SSRI) for the treatment of depression in adolescents. There was insufficient evidence to recommend one psychotherapy or pharmacotherapy intervention over another for the treatment of depression in children.

Depression Treatments for Children

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Many of the more than 500 named therapies used to treat children and adolescents with emotional and behavioral challenges lack supporting research. REACH uses and teaches only evidence-based psychotherapies - treatments that work - derived from rigorous scientific evaluations of efficacy

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and outcomes.

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